

# THE HEALING SPIRIT

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2015



## Greetings & Updates

Namaste

It has been some time since my last communication and a lot has happened and changed. My practice was moved from the back cottage on the property I've been on, to the front house where the doctors and dentists are. An easy ride, it has not been, but I am happy to report; it has been well worth it. This year is seemingly filled with a lot of change; large endings and new beginnings. Yes this will be a hard year but, if we can keep our focus on the wonderful new beginnings and not get stuck on the endings, it will be a journey well worth it! In order for the new to start, something which no longer serves us must end. Because we are creatures of habit holding on to our comfort zones, these changes are hard for us. We therefore resist the opportunity of letting go of the outmoded to allow the new, improved, in. The unknown seem to be a very scary place for our logical minds. This is where we need to remind ourselves that our divine souls have created all our paths before coming and there is nothing to fear. We just need to stay open, believe in our dreams, leap and trust . . .



## August specials

Working through the last 2 months of winter, I would like to offer all those in need to clear the old before the new beginnings in spring, the following sessions for a fee of R650 per hour. You'll save a wonderful R 100 per session. The services on offer include:

- mediumship (connecting to crossed over loved ones) sessions,
- psychic sessions or,
- Reiki sessions

The first two will assist you with answers and guidance you may require for your path ahead. The Reiki session will offer you the opportunity to balance, heal and clear on a physical, mental, spiritual and emotional level. Make sure to book your session now since the offer ends 31 August 2015.

<b>Duration</b>	1 Hour sessions
<b>Cost</b>	R 650 per person
<b>Session</b>	On appointment basis only



## Courses

I believe we are meant to continually grow and develop ourselves. A gift, only we are able to give ourselves in order to uplift, empower and expand our horizons. There is so much we can do for ourselves to heal our upsets and dysfunctional practices, yet we forget we hold the key. It is only when we choose to partake and show up for the changes and growth our souls create for us, in order to achieve our set missions in this lifetime that we obtain them. These courses are just such opportunities and I can only hope you will see the possibilities to develop and heal by attending. It is only in partaking in life's sweet nectar that we truly live.



## QUANTUM JUMPING

As spirit beings we are limitless. It is only through our logical minds (ego) that we experience limitation. When you learn how amazing your spirit is and you tap into that amazement, you can be, do and have, whatever it is you have always desired. We have the capacity to access any spiritual experience (alternate life) we have had to gain knowledge and to assist us in living this reality. Our spirit has done it all and is connected to the source of all knowledge, so why not use it?!

With this in mind, I would like to invite you to come and join me for a powerful 2 ½ hour experience of exploring versions of yourself which holds the key to all the healing, empowerment and creativity you require. Why struggle through endless hardships, trying to find answers, when all you need to do is ask yourself?! Does it sound too good to be true? Well, come and see for yourself just how easy and uplifting it can be...

Refreshments will be provided

<b>Duration</b>	2 ½ hours
<b>Cost</b>	R300 per person
<b>First Session</b>	Saturday 8 August 2015 from 1pm – 3:30pm.

## KARMA; FINDING ALL THE LESSONS . . .

Karma, unlike popular belief, is not a tool of punishment but rather soul's chosen lessons. We choose to take on many Karmic lessons from various sources as part of our purpose here in order to learn and grow on a soul level. In this session we will explore what Karma really is in more detail, where we get it from and how we can heal it. We will also do practical exercises to explore our Karma as well as release and heal some of the acquired Karma which no longer serve us. By doing so we are able to move forward and uplift ourselves to a new level of understanding, peace and healing. In this session we will also use quantum jumping as a tool to aid the release and connecting to the new.

So join me for a day of soul's exploration and healing as we let go of all which no longer serves us.

Please bring your own packed lunch. Light snacks and refreshments will be provided

<b>Duration</b>	6 hours
<b>Cost</b>	R900 per person
<b>First Session</b>	Sunday 30 August 2015 from 10am – 16:00

## MEDIUMSHIP & INTUITION DEVELOPMENT SESSIONS

This service is offered to those who are serious about wanting to connect with their higher self (Godly self) so they can access their intuitive side more readily and where the desire exists, even connect with crossed over loved ones, guides and angels. The experience of connecting is a very kind, gently, loving and souls altering one, where you realize just how inter-connected we all are to everything pure, good and to the essence of love. This is the space where ego leaves you and love guides you. We are all capable of “tuning-in” and accessing divine connections and information to assist us in this through life. More simply put; it helps you “know” things and “read” situations and people better.

We meet once a week on a Wednesday night from 6:30 – 8:30pm. In every session we work on a different aspect of connection so you can learn different skills. Every single person is capable of using and improving their intuitive side and these sessions are fun and practical so all can benefit and grow.

The sessions start with breathing and relaxation techniques to assist in clearing the mind, followed by a guided meditation. Once that is done, we move to exercises to enhance our skills.

All interested parties are welcome.

Fee structure: There is a monthly rate available, payable in advance for those who are serious about their growth. This fee will be less than the “per session” fee. For more information, please feel free to email me at: [larentia@earthling.net](mailto:larentia@earthling.net)

<b>Duration</b>	2 hours per session
<b>Cost</b>	R200 per person per session or monthly fee of R650
<b>Sessions</b>	Every Wednesday night from 6:30 – 8:30pm



## Additional Services

All the services offered are aimed to enhance and heal those who choose to make use of it. My goal is to uplift and empower all those around me and these services are tools I use to do so.

It may not be services you are well acquainted with so please feel free to explore them by either emailing me directly for more information on the specific topic at [larentia@earthling.net](mailto:larentia@earthling.net) or by booking a session and acquiring first hand experience.



## ANIMAL HEALING & COMMUNICATION

Working with animals has always been a passion of mine. Animals, like us, come with a defined purpose to this world. Domestic animals, specifically dogs, often join a family or person to assist in the healing of their emotional issues and will hence take on physical symptoms of the person they relate to most. Cats will assist in spiritual upliftment. Where it comes to wild life, it will depend on the type of animal, which service it has come to render. In rendering their service to us, animals also require assistance from time to time. The service I offer is aimed at assisting those who have sick or problematic animals with healing and guidance (this includes the humans involved). I work with both domestic animals and wild life. The service is rendered on a session basis either at the premises of the animal or at my office, depending on the merit of case. I do offer distance healing too for those too far away or in some wild life cases.

All animals come to serve us, give them the care they richly deserve!!

## HOUSE CLEARING & BLESSING

Everything is ultimately energy. When we choose or create our spaces, that energy we hold and the energy of those who were there before us, will be reflected in our physical environments. If either of these energy sources were negative, we will keep having negative experiences linked to these spaces over and over again, since it is captured in our surroundings. Clearing old negative energy assists in creating wonderful new experiences and provides the people and spaces involved with new found, optimistic energy.

This service is for those who have private or office spaces where the energy is not conducive to peaceful, loving, nurturing or successful existence. As per arrangement I shall visit the place of residence or business to clear all negativity and blocks in order to provide the desired space. During the clearance I shall also provide the individuals involved with information they may require to keep the premises clear and full of positive energies.

It is a wonderful process to have done and can make a huge difference in someone's life since we spend so much time in places where we are drained, disempowered and become unwell because of it. You have the power to change your space and your life. .

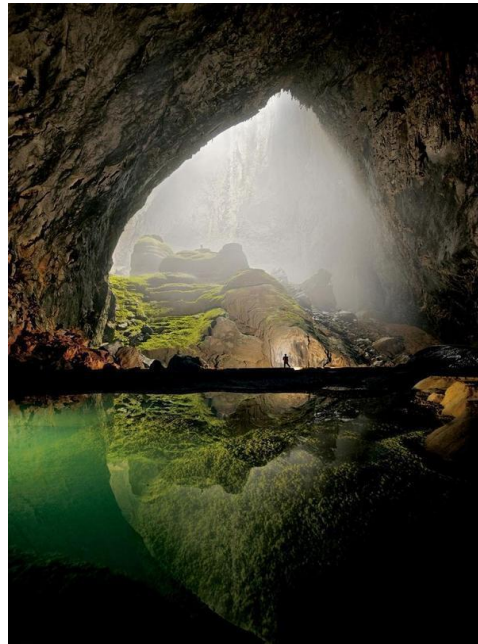
## BARS

This is a simple, non-evasive, yet effective way to assist in clearing old energies, patterns and beliefs from an individual leaving the person feeling relaxed, energized and empowered. With you relaxing on my bed whilst I touch certain trigger points on your head, we gently stimulate these releases and activate the empowerment required. We are able to work on specific issues you require to have resolved or we can just generally release and recharge you. This healing modality has the capacity to assist with emotional, physical, spiritual or mental issues. A definite must for all those who are really struggling and feel overwhelmed.

# Prayer for the month

Feminine energy is the energy of creativity, nurturing and freedom. We all have it but often suppress it due to the very dominant, logical, male-energy driven world we live in. By opening up to this divinely given energy, we open up to the parts in us which create with the divine. So today I ask; Great Spirit, I call upon all the wonderful energies of Mother Earth to assist me in accepting and expressing my true, divinely given, feminine nature. I honor all with the gift of my innate motherly compassion.

I open the door to great places, since today is my day. My new mountains are waiting, and I'm on my way....I am creating the world I have always desire and I improve on all levels, every day, in every way, which serves the highest good of all. So be it!



## THE HEALING SPIRIT

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