



Dear soul. . .

I would like to invite all interested parties to join me for my group session to develop your mediumship and / or intuition skills. Every session will start with certain relaxation techniques to clear the mind and release ego as much as possible, followed by a meditation. After the meditation we will do various intuition / mediumship exercises.

The sessions are developed and aimed to develop your skills whilst having fun. If nothing else, the meditation and breathing exercises should assist you in feeling calm, focused and refreshed.

You have the option to stay for only the breathing and meditation part of the session, which is the first hour or, join for the development section, which will be another hour.

The details are:

Time: 7pm – 9pm

Date: Wednesday 28 October 2015

Venue: The main house in front of the cottage (Hair clinic), Fourways

Medical Room, 2 Granite Road (cnr. Granite road & Uranium Road),
Fourways.

Cost: R200 per person for the 2 hour meditation and development
session OR

R100 per person for the guided meditation and breath work
session

Please RSVP should you be keen to join by either text message
(0824157275) or email: larentia@earthling.net

Hope to see you there! Namaste

